

# DONATING PLASMA

## Check In

- Provide valid photo ID, proof of current address, and Social Security Number. Next, answer a quick and confidential health questionnaire to determine if you're eligible to donate.
- Pro tip! You can fill out the questionnaire ahead of time at [www.aboquickpass.com/welcome?cust=NUP](http://www.aboquickpass.com/welcome?cust=NUP). Just remember that you have to bring in the barcode with you and the barcode expires at midnight the same day.



## Screening



- Receive a health screening each time you donate to make sure you are in general good health and meet the donation criteria.
- If it is your first time donating, then you'll also complete a confidential physical performed by a trained nurse at the center. You'll also complete a physical at least once per year.

## Donation

- One of NuPlasma's highly trained medical specialists will lead you through the donation process which uses state-of-the-art medical equipment. While donating, you can take advantage of our incredibly comfortable donor chairs and personal entertainment system!



## Recover



- Take care of yourself after your donation by hydrating and having something to eat.
- Before you leave, be sure to enjoy some of our complimentary assortment of healthy drinks and snacks.

## Reward

- Your reward points are deposited into your account the next day and can be accessed on NuPlasma.com.
- Your account username is automatically generated using your email provided during registration.



## Regenerate



- Plasma regenerates very quickly (usually within 24-48 hours) and donating has little to no adverse effects.

## Repeat

- You are eligible to donate once every seven days.
- It's important to donate at least once every six months in order to retain eligibility.
- If you have any questions regarding donating, please give us a call and we'd be happy to help!

